

## Respiratory Exerciser

M - 6026 - 6027

- Restores and maintains lung capacity in post operative patients by slow, synchronized deep breathing.
  - Allows visual calibration and estimation of the patients progress.
  - Strengthens primary and accessory respiratory muscles and conditions them.
  - Enhances endurance of both inspiratory and expiratory muscles.
  - Improves respiratory parameters.
  - Improves maximal exercise capacity.
  - Improves cardio-pulmonary status of the patient, enhancing the overall fitness and wellbeing.
  - Increases circulation of hormones in the blood which increase the blood flow to the heart, brain and lungs.
  - Improves oxygenation of blood, reduces fat levels by burning calories.
  - Assists pulmonary rehabilitation in patients with COPD, improves the quality of their life.
  - Sustained deep breathing has been shown to relieve anxiety and fight stress.
- Types Available
- Single Ball or Three Balls

